

Emergency First Aid at Work - Online Annual Refresher

IIRSM Approved

What is Emergency First Aid? Well, it's exactly that, the first aid to be offered if an incident occurs. Not many of us are confronted with scenes of blood and gore in our everyday lives – so usually first aid could be as simple as sticking a plaster on a small cut.

But what if you did find yourself confronted with a more difficult situation. Medical emergencies like a heart attack or choking happen all the time, and we are never sure when they will occur. The Emergency First Aid at Work course will highlight some of the most common situations that you might come across and the actions that you can take to help.

In the most challenging situations, a first aider's role will be to assess the scene so that accurate information can be passed to Emergency services and then to act appropriately to try and increase the person's odds of survival.

| Course | Module Number | Module Name | Pass % Required |
|-----------------------------|----------------------|---|------------------------|
| Emergency First Aid at Work | 1 | What is First Aid? | 70 |
| Emergency First Aid at Work | 2 | Barriers, ABCDs and the recovery position | 70 |
| Emergency First Aid at Work | 3 | CPR and AEDs | 70 |
| Emergency First Aid at Work | 4 | Choking | 70 |
| Emergency First Aid at Work | 5 | Bleeding | 70 |
| Emergency First Aid at Work | 6 | Shock | 70 |
| Emergency First Aid at Work | 7 | Spinal Injuries | 70 |
| Emergency First Aid at Work | 8 | Breaks | 70 |
| Emergency First Aid at Work | 9 | Head Injuries | 70 |
| Emergency First Aid at Work | 10 | Sprains | 70 |
| Emergency First Aid at Work | 11 | Managing an Incident & Record Keeping | 70 |
| Emergency First Aid at Work | 12 | Burns & Scalds | 70 |
| Emergency First Aid at Work | 13 | Electric Shock | 70 |
| Emergency First Aid at Work | 14 | Eye Injuries | 70 |
| Emergency First Aid at Work | 15 | Anaphylaxis and Diabetes | 70 |
| Emergency First Aid at Work | 16 | Heart Attack & Stroke | 70 |

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 150 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)